



Dear Jesus,

help us to spread your presence
everywhere we go.

Flood our souls with your spirit and life.
Penetrate and possess our whole being
so utterly, that our lives may be only
a radiance of yours.

Shine through us, and be so in us,
that every person we come in contact with
may feel your presence.

Let them look up and see no longer us,
but only you!

Stay with us,
and then we shall begin to shine as you shine;
so to shine as a light to others.

The light, O Jesus, will be all from you;
none of it will be ours;

it will be you, shining on others through us.

Let us thus praise you in the way you love best
by shining on those around us.

Amen.

Blessed John Henry Cardinal Newman