

SHARE THE JOY

Living the Eucharist®



*Bring it to your
diocese this Lent...*

**BUILDING & EMPOWERING
INSPIRED COMMUNITIES
OF MISSIONARY DISCIPLES**



Living the Eucharist



Living the Eucharist has a positive impact on diocesan and parish outcomes in:

- **Liturgy.**
- **Youth ministry.**
- **Young adult ministry.**
- **Religious education.**
- **Catholic schools.**
- **Family ministry.**
- **Evangelization.**
- **Hispanic ministry.**



PHOTO: KAREN CALLAWAY, CNS

What is *Living the Eucharist*?

Living the Eucharist is a dynamic and beloved parish-based Lenten renewal program. It reignites faith, builds community, and empowers Catholics to live and share the Gospel through life-giving encounters with Christ.

Since 2012, more than 1,200 parishes in 93 dioceses have participated in and benefitted from this ministry. Chances are, parishes in your diocese are already experiencing its transformative power.

How does *Living the Eucharist* benefit dioceses?

By focusing participating parishes simultaneously on learning about and loving the Eucharist, **Living the Eucharist**:

1. Builds and empowers an inspired community of missionary disciples.
2. Provides a forum for episcopal teaching about the Eucharist.
3. Creates and unites faith communities across cultures, languages, parishes, and the entire diocese.
4. Generates some of the highest reported participation rates for parish renewal programs.
5. Enables diocesan liturgical, evangelization, and Hispanic ministries to resource parishes.
6. Promotes fuller, more conscious and active participation in Sunday Mass and parish life.
7. Enables dioceses to offer free program resources to financially-challenged parishes.
8. Acts as a powerful force for spreading the faith—among both inactive Catholics and those without a church home.

Learn more at
www.LivingtheEucharist.org

Why Living the Eucharist?

Living the Eucharist was created by Paulist Evangelization Ministries (PEM) in direct response to pastors' requests for a practical, meaningful way to help parishioners live more fully as disciples of Jesus. It is inspired by Pope Benedict XVI's apostolic exhortation on the Eucharist as "the source and summit" of the Church's life and mission, and Pope Francis' invitation to Catholics to spread "the joy of the gospel."

More than 100 experts worked for more than two years to develop, test, and review the program. In addition, five years' of participant feedback prove that **Living the Eucharist** can be implemented in any diocese or archdiocese with absolute confidence in the outcomes.



Why Now?

1. **Living the Eucharist works**—in both dioceses and parishes! The statistics prove it.
2. **Parishioners love this program!**
3. **Dioceses love this program too!** Diocesan leaders see **Living the Eucharist** as a dynamic way to achieve their pastoral goals, form missionary disciples, and invite those with no church family.

What are the Elements of the Living the Eucharist Program?

Living the Eucharist is a three-year ministry, based on the Lectionary. Its comprehensive—yet simple—approach includes:

- Adult and teen small groups.
- Daily devotional readings.
- Family activities in the home.
- Weekly bulletin inserts.
- A prayer campaign.



Living the Eucharist Gets Results!*

- **90%** rated their experience as "Excellent" or "Very Good."
- **92%** have a better understanding of the Eucharist.
- **88%** participate more fully in Sunday Mass.
- **95%** are more committed to live each day as intentional disciples of Jesus.

*Results based on survey responses from more than 5,500 adult small-group participants.

Bi-Lingual and Inclusive: Multimedia materials involve parishioners as individuals, as small-group members, as families, and as members of the larger faith communities of their parish, their diocese, and the entire Church. All materials are available in Spanish.



Living the Eucharist is affordable!*

Our program materials are designed to be affordable for almost any parish. Many parishes ask parishioners for small donations to help lower expenses. For example:

- To fund 100 small group participants, a parish can expect to spend approximately \$700.
- A donation of just \$1 per week from each small group participant for the six weeks of Lent (\$6 each) would lower the total parish cost for small groups to approximately \$100.

* For additional cost estimates based on program resources used, visit www.LivingtheEucharist.org/pricing.



How Does *Living the Eucharist* Work?

Living the Eucharist is easy to use and scalable so both dioceses and parishes can easily adapt it to their own needs and capacities.

IN A DIOCESE Dioceses can partner with PEM to:

- Publicize **Living the Eucharist** through existing diocesan communications channels, with materials and guidance provided by PEM.
- Invite PEM speakers to give presentations at diocesan events.
- Develop a diocesan leadership team, with PEM's assistance, to help participating parishes recruit, train, and support their own parish leadership teams.

IN A PARISH In participating dioceses, individual parishes:

- Decide to participate as a parish.
- Assess their parish's needs and decide which program components to implement.
- Order the appropriate materials and pay PEM directly.
- Recruit participants in the parish with program-provided materials and PEM support.
- Administer, staff, and implement the program in their parish, with PEM support.

What is the *Living the Eucharist* Diocesan Partnership Program?*

PEM offers diocesan partners help to:

- Educate diocesan staff and leaders through customized, onsite training and webinars.
- Promote **Living the Eucharist** throughout the diocese.
- Train parish leadership team coordinators and staff members through onsite orientation and training webinars.
- Provide financially-challenged parishes with free program materials.
- Measure program results through accurate, easy-to-use evaluation tools.

*For more information, go to www.LivingtheEucharist.org/DiocesanParticipation

Parishioners Love This Program: Participants Testify About **Living the Eucharist**



*"I now have more confidence in **sharing my faith** with others."*

— Parishioner, Lake City, TN

*I think **Living the Eucharist** is a great blessing and I **encourage my brother bishops** to check it out and have it in their dioceses."*

— Archbishop Michael Sheehan

*"**Our parish** had the highest number of participants of any program offered by the parish in recent history."*

— Team Coordinator, Monroe, LA

*"This is living Jesus! Let's go out and **share the Gospel!**"*

— Parishioner, Menomonee Falls, WI

*"**Living the Eucharist** is not just a Lenten program. It is a way for parishioners to **live their faith**, and live it more deeply."*

— Pastor, NH

*"**Living the Eucharist** got the whole parish involved. **People were interested in it** and talking about it long before it started. The 'buzz' helped people forge connections."*

— Team Leader

*"People in our parish have really been ignited in their faith by **Living the Eucharist.**"*

— Coordinator, Round Lake, NY

*"This program has given me more **courage** to strive to be a disciple of Jesus."*

— Parishioner, Hampstead, NH

*"**People are hungry** for this kind of experience. For a pastor, there is nothing better than bringing spiritual food to people."*

— Pastor

Under the Guidance of the **Holy Spirit**

"How I long to find the right words to stir up enthusiasm for a new chapter of evangelization, full of fervor, joy, generosity, courage, boundless love and attraction! Yet I realize no words of encouragement will be enough unless the fire of the Holy Spirit burns in our hearts. A spirit-filled evangelization is one guided by the Holy Spirit, for He is the soul of the Church called to proclaim the Gospel."

— Pope Francis
The Joy of the Gospel, No. 261

How do we bring **Living the Eucharist** to our diocese?

EMAIL OR PHONE:

1. Contact us directly:

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2. Visit www.LivingtheEucharist.org for more information about this powerful ministry and the **Living the Eucharist Diocesan Partnership Program.**



PHOTO: ISTOCKPHOTO.COM



A ministry of Paulist Evangelization Ministries

P. O. Box 29121 / Washington, DC 20017

www.LivingtheEucharist.org

Contact Us **Today!**

Fr. DeSiano or Fr. Boyack will respond directly!

We'll also send your diocese a **free Parish Starter Kit** (a \$69.95 value).

