

REIGNITE FAITH.
BUILD COMMUNITY.
EMPOWER DISCIPLES.

BRING
LIVING THE EUCHARIST
TO YOUR PARISH
THIS LENT.

“Living the Eucharist
was one of the best
experiences of my life.”

“THE EUCHARIST...CONSTITUTES THE SOURCE OF THE CHURCH’S LIFE ITSELF. FROM THIS SACRAMENT OF LOVE, IN FACT, FLOWS EVERY AUTHENTIC JOURNEY OF FAITH, OF COMMUNION, AND OF WITNESS.”

— Pope Francis



Living the Eucharist is a dynamic and beloved parish-based Lenten renewal program. It reignites faith, builds community, and empowers Catholics to live and share the Gospel through life-giving encounters with Christ.

This ministry offers parishes affordable, easy-to-use resources and materials that enable adults, families, and teens to experience the love of Christ in a personal and intimate way. **Living the Eucharist** brings the entire community together by helping parishioners understand the tremendous gift of the Eucharist and participate more actively during Mass.

Through **Living the Eucharist**, Catholics relate the experience of Sunday worship to their daily lives as missionary disciples, inspired to let the light of Christ shine in their families, workplaces, and parishes.

Living the Eucharist has been tested and proven by tens of thousands of parishioners in more than 1,200 parishes in 93 dioceses throughout the United States.

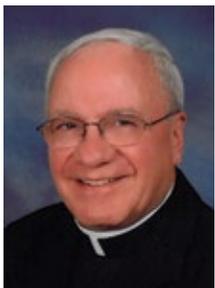


JESUS GAVE US HIS GREAT COMMISSION:

“GO, THEREFORE, AND MAKE DISCIPLES OF ALL NATIONS, BAPTIZING THEM IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT...”

— *Matthew 28:19*

A MESSAGE FOR PASTORS AND PARISH LEADERS FROM REV. FRANK DESIANO, CSP



As President of Paulist Evangelization Ministries, I visit dozens of parishes each year. They all face the same challenge—namely, to help Catholics grow more passionately as disciples of Jesus. Although pastoral leaders see this as the goal of their ministry, many

feel at a loss as to how they can accomplish Jesus’ great commission to go and make disciples.

The stakes are high! If Catholics don’t grow as missionary disciples, as Pope Francis urges, commitment to the faith will continue to weaken, passing on the faith will be even more difficult, and millions of people searching for faith today will not feel an invitation to find Jesus and the treasure of our Catholic tradition.

I am happy to bring ***Living the Eucharist*** to your attention because of what this program can do for your parish. We have tracked feedback and evaluations and know that ***Living the Eucharist*** accomplishes so much of what pastors and parish leaders know has to happen today.

Inspiring growth in holiness and zeal for souls, this program can bring a sense of renewal to a parish as few other programs can. Tried and proven, and available in English and Spanish, ***Living the Eucharist*** can help all parishioners grow in their commitment as missionary disciples.

Look over this brochure. Check out the website. Think about your parish goals. Then offer ***Living the Eucharist*** in your parish this Lent.



Living the Eucharist Works!

Participant feedback from pastors, coordinators, and individual parishioners proves that any parish can implement **Living the Eucharist** with absolute confidence in the outcomes.

LIVING THE EUCHARIST GETS RESULTS!

- **90%** rated their experience as “Excellent/Very Good.”
- **92%** have a better understanding of the Eucharist.
- **88%** participate more fully in Sunday Mass.
- **95%** are more committed to live each day as intentional disciples of Jesus.

Results based on survey responses from more than 5,500 small group participants.



A TRANSFORMATIVE IMPACT

Living the Eucharist has a dynamic impact on parish outcomes in:

- LITURGY
- FAITH FORMATION
- YOUTH MINISTRY
- YOUNG ADULT MINISTRY
- RELIGIOUS EDUCATION
- CATHOLIC SCHOOLS
- FAMILY MINISTRY
- EVANGELIZATION
- HISPANIC MINISTRY

A TRUSTED SOURCE

Paulist Evangelization Ministries (PEM) is an apostolic arm of the Paulist Fathers—the very first community of Catholic priests founded in the United States. As Paulists, empowering Catholics to love and understand their faith and to spread the Gospel in a secular world has been our unique vocation since 1858.

Multiple Options Mean the Whole Parish Can Participate

Living the Eucharist's multimedia materials (including videos, posters, and booklets) allow parishioners to participate in the way that works best for them—as individuals, small group members, families, and members of the worshipping community.

OPTIONS FOR EVERYONE

- Adult and teen small groups.
- Daily devotional readings and praying with the Scriptures.
- Weekly Sunday bulletin inserts.
- Activities for the family in the home.
- A parish prayer campaign.
- A parish retreat to celebrate and reflect.

BILINGUAL AND INCLUSIVE

All materials are available in Spanish and allow all parishioners to participate at the level most comfortable to them.

NO EXPERTISE NECESSARY

All materials are designed so that almost anyone can use them—even the small

group leader guides. A small team can easily implement **Living the Eucharist**. Plus, PEM offers free resources and guidance to any parish that needs it.



Photo: W. P. Wittman, Limited

Easy to Use & Adaptable to Any Parish's Needs

LIVING THE EUCHARIST IS EASY TO USE. THERE ARE JUST A FEW SIMPLE STEPS:

1. Visit www.LivingtheEucharist.org to learn more;
2. Decide which program elements your parish wants to implement;
3. Recruit participants with program-provided materials;
4. Order only the materials you need based on interest in your parish.

ADAPT IT TO YOUR PARISH

Parishes can opt to do all or some of the program elements in any given year. And, although **Living the Eucharist** is designed as a three-year ministry that follows the Lectionary, your parish does not need to commit to all three years in order to benefit.

ALREADY PARTICIPATING?

Order our *Parish Resource Pack*. It contains samples of all the program materials for this coming Lent. See what materials you'll need to order, and preview this year's program.

LIVING THE EUCHARIST IS AFFORDABLE!

Our program materials are designed to be affordable for almost any parish. Many parishes ask parishioners for small donations to help lower expenses.

For example:

- To fund 100 small group participants, a parish can expect to spend approximately \$700.
- A donation of just \$1 per week from each small group participant for the six weeks of Lent (\$6 each) would lower the total parish cost for small groups to approximately \$100.

For additional cost estimates based on program resources used, visit www.LivingtheEucharist.org/pricing.

Learn more and preview all materials at www.LivingtheEucharist.org.

NEW TO LIVING THE EUCHARIST?

Order our **Parish Starter Kit**. It contains everything you need to get up and running, including detailed and easy-to-follow leader guides, introductory videos, and samples of every single program tool so that you can decide which ones will work best for your parish.

View free introductory videos, sample materials, and other free resources at www.LivingtheEucharist.org.

Get up and Running Easily with Free Online Orientation and Training



LIVING THE EUCHARIST ORIENTATION AND TRAINING FOR:

- Diocesan and parish leaders
- Parish Leadership Teams
- Small group leaders

See www.LivingtheEucharist.org/training.

READ WHAT PEOPLE ARE SAYING ABOUT LIVING THE EUCHARIST

THE POWER OF THE HOLY SPIRIT AT WORK

"Living the Eucharist made this my best Lent ever. I was able to live in the presence of God every day and share my faith at home and at work."

(Parishioner, West Hempstead, NY)

THE WHOLE PARISH CAN PARTICIPATE

"Our parish had the highest number of participants of any program offered by the parish in recent history."

(Team Coordinator, Monroe, LA)

FORMING MISSIONARY DISCIPLES

"The most valuable part of the small group for me was seeing others come back to the Church."

(Parishioner, Guys Mills, PA)

FLEXIBLE, ADAPTABLE, AFFORDABLE, AND EASY TO USE

"The direction is awesome! The detailed instructions in the Parish Leadership Team Manual helped us get up and running quickly."

(Team Leader, Online Survey)



PARISHIONERS LOVE LIVING THE EUCHARIST

"This is a GREAT experience and I look forward to continuing it next Lent!!"

(Parishioner, Jackson Heights, NY)

Bring this transformative Lenten program to your parish!

TO ORDER YOUR LIVING THE EUCHARIST MATERIALS

Visit our store at www.LivingtheEucharist.org/store

View our order form at www.LivingtheEucharist.org/orderform

Este folleto está disponible en español en www.VivelaEucaristia.org/folleto